

## WHAT DO I DO...



## ...IF I'M EXPOSED TO PESTICIDES?



U.S. Environmental Protection Agency  
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[www.epa.gov/region08](http://www.epa.gov/region08)

### What Are Symptoms Of Pesticide Exposure?

Anyone who is exposed to pesticides and feels ill, or has any injury related to exposure, should contact their doctor or medical clinic immediately. Some symptoms include:

- Dizziness
- Tightness in chest
- Nausea
- Headache
- Vomiting
- Skin rash
- Blurred Vision
- Muscle Cramps

### What Law Protects Me From Pesticides At Work?

Persons working in agricultural plant production on farms, forests, nurseries, and greenhouses are protected from pesticide exposure by a law, the **Worker Protection Standard (WPS)**.

The WPS requires employers to take steps to **reduce the risk of pesticide-related illness and injury** for themselves and their employees.

If a pesticide contacts a person or causes damage to non-target plants or areas, there may be a violation of the law.

### Who Do I Call To Report A Pesticide Violation?

If your employer does not protect you from pesticides, he/she is violating the law. To report violations, call the:

- Colorado Department of Agriculture (CDA) at (303) 239-4141.
- Environmental Protection Agency (EPA) at 1-800-227-8917.

You may also file a complaint if you feel you are not receiving proper protection from pesticide exposure while working in agricultural plant production on farms, forests, nurseries, or greenhouses. The WPS makes it illegal for employers to retaliate against employees who file WPS complaints.

### What Do I Do If I'm Exposed To Pesticides?

If you have been exposed to a pesticide and you are having pesticide poisoning related symptoms, you should seek medical attention immediately. Call a poison center or doctor, or go to the doctor if it's faster. The telephone number for the poison center:

- Rocky Mountain Poison Control Center at 1-800-222-1222.
- For more information, call EPA at 1-800-227-8917.